



[www.balisbestbabysitting.com](http://www.balisbestbabysitting.com)

## Travelling with Babies & Small Children

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Bali is a wonderful destination, but we do recommend that you are packed correctly and take all the items you will need for your trip!

### Flights

- Garuda is excellent with families and full-service food and luggage. They have great bassinets on board for little ones and it is a good idea to book ahead for these seats!
- Jetstar and Virgin also have bassinets, but if you get stuck – buy yourself some “Kooshy Kids” pillows which are fantastic.  
\*\* Make sure you look at the TC’S before you fly as you cannot use this on certain seats (ie: in the aisle seat)
  - <https://kooshykids.com.au/>
- The best thing about Garuda is that they let you take strollers to the gate. They are checked in and then you can go all the way, you just have to hand them in 40 min before takeoff - you cannot do this with jetstar - which is a real pain!

### Plane Trip

#### 7 months old - 18 months old

- Nappies – Take enough to last you the trip over. You do not want to run out of nappies.
- Dummies on dummy clips and spares in the nappy bag
- Rusks
- Teething Gel
- Any cuddly toy that they love.... don't leave home without it.... and if you have a spare pack, it just incase....
- Sudocream
- Nappy Bags
- Bibs
- Panadol / Nurofen
- Plenty of wipes
- Cotton Balls and Little wipes
- Panadol for yourself (you'll need it)
- Credit card – Buy yourself a few champagnes for the journey (You'll thank us!)
- Kooshy Kids Blow up pillow – check this with the airline!
- Change of clothes for the kids - in case your luggage goes missing!
- Food – Enough to keep them entertained and chew on at that age ie: Food Pouches.

- Formula – Pack a few bottles with formula and add the hot water before you get on the plane at an airport cafe for takeoff, then ask the steward for hot water on the plane before descending - which is the most important for their little ears.
- Chewy toys to help with teething as well
- Books to read to them
- If you are flying with Garuda – Try your best to book the bassinets (Have to be approx 10 kilos or under) My suggestion would be to get there earlier to ensure you get the bassinets.. they are a lifesaver!
- Ipad – if you have one, these can be a lifesaver (download videos from youtube or Netflix !)
- Snap lock bags – can be used for soiled clothes or virtually anything else!

## **Packing in General**

- Milton Tablets to put in your bath water.
- Telfast for babies
- QV Wash / Lotion
- Good Kids sunscreen – sunscreen in Bali is not great!
- Bathers (Rashes long sleeves) and hats – The sun is harsh.
- Nail Clippers
- Anti-Histamine Cream
- Swimming Nappies
- Little Eyes – Baby eye wipes (Chemist Warehouse)
- Fess Nasal Spray and Sucker
- Bonds long sleeve onesies for babies - (air-con so gets cold in the rooms)
- Mosquito Nets ( purchase these on ebay just incase you need them for the pram or the porta-cots)
- Clothing
- Baby Sleeping Bags – take baby sleeping bags which are approx. 1.5 tog and put babies in a long onesie ... this advice is based on the air-con being so cold in many hotels.
- Strollers. Do not take your good stroller! The paths in Bali are very uneven and have been known to destroy good prams. [www.balibaby.com](http://www.balibaby.com) has prams for hire with pneumatic tyres / wheels. If you want to take your own, buy a cheap stroller from Kmart or target.
- Baby Bjorns / carrier – these are great especially between getting off the plane and vice versa going home. Borrow one if you don't have them, it's essential to keep your hands free when going through airports.
- Toys – pack a few essential toys / chewing toys to keep them entertained.
- Most airlines will allow families to check in a pram and then use them all the way to the gate and then 45 min before the flight we handed them over to go under the plane. Jetstar have free strollers in Australia for you to use up until the gate.
- If you want to pack light, you can hire alot of these products from [www.balibaby.com](http://www.balibaby.com)**

## **Food in Bali for Babies & Small Children**

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Bali isn't great for food options for babies and small children, and we highly recommend you have a look at Mini Muncher (Zero Waste) meal options. They will deliver to your hotel, and you can easily heat them for your little ones. <https://zerowastebali.com/collections/baby-and-kids-food>

### ***Baby Food***

- Tupperware – Sippy cups and also some tupperware baby containers which are great take to the breakfast buffet and fill up with fresh fruit / yoghurt etc. .then pop them into your hotel fridge!
- Snap lock sandwich bags – see above!

- Sippy cups / water bottle – get them to make fresh juices for you at the buffet and pop these into the room fridge. They will last the day.
- Water.... ONLY use the bottled water
- Food – We took their powder formula on the plane in some bottles and we also took about 6 pouches (Rafferty's) on the plane. Even though they are 120ml and over the regulated 100ml, they allow it as it's food....
- Fresh Milk • Greenfields is the brand of fresh milk you can buy in Bali and it is readily available from 7/11 (called Circle K) and supermarkets.
- Mini Munchers (Zero waste Bali)– Owned by an Australian Lady named Silvia, and made fresh that day and delivered to our hotel.... <https://zerowastebali.com/collections/baby-and-kids-food>



What I love about Mini Munchers is that it's organic and is also fresh and delivered exactly at the time you require it. Remember if you are staying at a hotel which doesn't have a microwave, then you will need to hire one... You can hire one very cheaply here: [www.balibaby.com](http://www.balibaby.com)

### ***Food ideas when out and about (toddlers to older children)***

Most restaurants / cafés will offer the following and these tips can be handy for little ones;

1. Toasted Cheese (grilled cheese) sandwiches
2. Hot chips
3. Spaghetti bolognaise
4. Chicken nuggets / chicken tender / crumbed chicken
5. Yoghurt
6. Cheese pizza / Ham and cheese pizza
7. Watermelon / plate of fruit
8. Mac and Cheese

### ***Fresh Milk***

- Greenfields is the brand of fresh milk you can buy in Bali and it is readily available from 7/11 (called Circle K) and supermarkets.



### ***Flavoured Milk***

- Ultramilk is the brand of flavoured milk you can buy in Bali and it is readily available from 7/11 (called Circle K) and supermarkets.



## Babysitting and Nannies

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### *Nanny Babysitting*

From our long-term customer Meiling Egan ... with (twin boys) ...

*On our first visit, I was a bit unsure about having a Nanny, however I'm so glad we did this.... I wrote to this company (owned by an Aussie lady named Danielle) and she recommended Komang... she has worked with twins before and my god she was amazing!!!!!!!!!!!! It is so cheap and honestly having the extra hands is just the best holiday you can have....I'm more than happy to help you out further with this... But i cannot recommend them enough... Being a stressed twin mum with no sleep.... she just made our holiday.... !*

*Our next holiday we had Eka.... WOW I cannot speak highly enough for this company... Our second trip we stayed 18 days to have a complete break (hard being twin parents) so for about 4-5 of those days, we got two Nannies just to give myself and Adrian some time together... The boys were walking, running and by mid-way through our holiday, the boys wanted nothing to do with us and only wanted to spend time with our beautiful Nannies!!! Don't worry about getting a Nanny. JUST DO IT! You need a holiday too.... after all, there is no point in going on holiday if you pick up your life and just move it to another country! Enjoy the time off and experience.*

*We have now used several different babysitters / nannies through this company, and they simply are the best at what they do! – do not go with anyone else. There is too much risk involved otherwise, BBB are very quality regulated and all the staff are well trained. They are also there for you 24/7 if you need anything and the nannies act as a personal guide / translator most of the time! They will recommend where to get your clothes washed, how to sterilise, all sorts of helpful information.*

<http://www.balisbestbabysitting.com/>

Photos of our twins with our gorgeous Nannies over the times we hired through **Bali's best Babysitting**.



## Equipment Hire & Pool Fences

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### *Bali Baby Equipment Hire*

From our long-term customer Meiling Egan ... with (twin boys) ...

*Our first visit we hired a microwave / Sterilizer / Jumparoo / Activity Centre and I am so grateful we did this... cheap and it was like we were at home.... it was so easy and the company are fantastic to deal with.... The boys had plenty to do and because we travelled in September, it was so humid that our Nanny just stayed indoors with all of our equipment and kept the boys entertained... it was fantastic!*

*You can get all your hire products from [www.balibaby.com](http://www.balibaby.com) including pool fencing for villas ! They will go to the villa, check the safety requirements, and install everything for you. It is such a good service and peace of mind!*



small people equipment hire



## Hotels and Villas for Families

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### *Hotels*

- Clear out your mini bar as soon as you walk in... Place it into a drawer and don't touch it! Send your hubby / Partner / Yourself to the closest mini mart and stock up!!! Especially on Fresh Milk, Flavoured Milk, Water, Juice, Yoghurt, Snacks etc as they are so much cheaper.....
- Don't always eat in the hotel... get out and explore the beautiful restaurants and don't be afraid to try the shops on the corner which you may think look like, usually the food is amazing and cheap!
- Be careful not to eat the ice in your drinks if you can avoid it, however ice is regulated in Bali and must be purchased / correctly made.
- **Brushing your teeth – Use the bottled water provided by your hotel ONLY.**

## Hotels to consider with kids

- **Always check out the Luxury Escape Deals. They are fantastic!**
- Seminyak Beach Resort
- W – Seminyak
- Montigo Resorts – Seminyak
- Trans Resort - Seminyak
- Padma Legian
- Bali Mandira Legian
- Holiday Inn Baruna – Tuban
- Bali Rani Kuta
- Ramayana Kuta
- Mecure Resort Kuta / Legian
- Hyatt Regency Sanur
- Griya Santrian Sanur
- Maya Sanur
- Prime Plaza Suites – Sanur
- Grand Hyatt – Nusa Dua
- Sofitel Nusa Dua
- Melia Nusa Dua
- Novotel Nusa Dua
- Hilton Nusa Dua
- Movenpick Jimbaran

## Villas

Following are some Villa Suggestions for families with great facilities.

Legian – Villa Sophia  
Legian – Banksia Suites  
Seminyak – The Residence Luxury Villas Seminyak  
Canggu - Villa Zakira  
Seminyak – Villa Kamboja

## Drivers in Bali / Taxi's

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### Driver

Having a dedicated Driver in Bali (especially with small children) is a godsend!

Bali's Best Babysitting have a driving team and Made' Mangku is the Head Driver. He has been with BBB for 10+ years and looks after the little people very well!

Car Seats are installed in the car and Made' ensures that everyone is strapped in and ready to go.

Contact him directly for bookings (we do not take a commission, so you know you are in the best hands)!

<https://www.facebook.com/made.mangku.35>

+6281 239 31887 for phone call

+62 821-4567-2621 for whatsapp

Email: [mademangku@hotmail.com](mailto:mademangku@hotmail.com)

### Taxis

Only use "Bluebird" taxis in Bali and INSIST they turn the meter on. Make sure to check it is a "light" blue Bluebird Taxi, allot of Taxis look the same.



## **Mosquito Prevention in Bali – Very important!**

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**Dengue fever in Bali is a very big problem** so ensure you have plenty of personal insect repellent and keep reapplying as mosquitoes in Bali can be quite common.

We use either Aeroguard family protection or OFF family from Australia, but you can also buy repellent in Bali. Most resorts or villas will have mosquito coils and spray for your room which we use before we go out for dinner. Make sure you use them!

When I have researched about what spray to use I found that insect repellents containing DEET have been tested and approved as safe for kids, but you should take precautions.

The general recommendations are to choose a repellent with no more than 10% to 30% concentration of DEET and it should not be applied to babies under 2 months. It may also be worth chatting to your doctor about this. There is also a range of bracelet and stickers for the kids pillow/prams that people say are good, we haven't ever used them as we are usually fine with the spray.

## **Mum & Dad Time !**

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Below you will find some of our tried and tested go-to treatments and spas! We go as a couple (or alone) while the kids play / swim etc

### **MASSAGE & BEAUTY TREATMENTS**

#### **Bodyworks**

- Jalan Kayu Jati No 2, Petitenget (Seminyak)  
P: +62 (0)361 733317  
www.bodyworksbali.com  
info@bodyworksbali.com
- You are best to book – Ph: 361 733 317 or your hotel can book for you.

#### **Mandi Lulur**

##### **Exfoliation Massage (Mandi Lulur)**

This treatment begins with a 75 minute Balinese massage, then the entire body is painted in a brown, granular paste (the traditional Javanese "lulur"), containing turmeric, sandalwood, cinnamon, ground nuts and rice. The paste is then gently rubbed to exfoliate the skin. After a quick shower the body is covered in fresh yoghurt. The enzymes stimulates cell activity and restores the pH balance of the skin, which feels soft as silk after the yoghurt is washed away. The final step involves luxuriating in a warm, fragrant, flower-filled bath.

2 hours Rp 450.000 (Approx: \$45.00 Aus)

#### **Chill**

Jalan Kunti, Seminyak

P: +62 (361) 734 701

www.chillreflexology.com

E: chill@chillreflexology.com

For a massage that will take you to another place, specialising in Reflexology also.

You will walk out of here felling like you are floating! Booking is a must.

#### **Lady Marmalade and nail boutique and champagne bar**

Jalan Drupadi 9Q, Seminyak

P: +62 361 732 226

www.ladmarmaladenails.com

E: bookings@ladymarmaladenails.com

Open: Monday - Sunday - 10.00 am - 07.00 pm

### **Complimentary Car Service**

Dial + 62 361 732 226 24 hours prior to your appointment time and they will pick you up and drop you off within Seminyak to Canggu areas.

### ***R Made Ta – Aesthetic Clinic***

Jalan Beraban no 38 Kerobokan

Seminyak Bali

P: +62 81 2366 59998

E: info@drmadeitabali.com

www.drmadeitabali.com

## ***RESTAURANTS & GROOVY PLACES TO HANG AT***

### ***La Plancha or B9B (Bean Bags on the beach)***

- Everyone talks about La Plancha.. but to be honest, we've been going to the one next to it which is just as great.... It's called B9B (Bean bags on the beach) either way you must visit these places... just be prepared to pack your coins and small change to buy your kiddies the cheap toys which they try to sell....
- The beach at sunset is amazing... and a MUST DO! One of the best things we did was buy a really large print which was hand painted with sand... They sell heaps of them on the beach and they are simply gorgeous.. You'll be able to bring them home too, not a problem

### ***The Rock Bar - Ayana***

Located at Ayana Resort

P: +62 361 702 222

This is very close to Jimbaran

- This place is absolutely awesome!!!! The best views I have ever seen!!! This is "the" place to go! Check it out on the internet before you go, to see what's on there, ie: DJ, events etc EXPENSIVE THOUGH!!!!!! We went (it took ages from Seminyak) however we wouldn't go again.. It was not great for kids and it's so bloody hot until the sunset comes down... We left our children with the Nanny to experience this with the adults. They give you massive black umbrellas however we were still hot... however the experience was beautiful. It is essential to get there at 3.30pm, as it opens at 4.00pm....trust me it is well worth it!

### ***EL KABRON – Spanish Restaurant & Cliff Club***

Spanish Restaurant & Cliff Club

Jl. Pantai Cemongkak

Pecatu Bali 80571

www.elkabron.com

E: info@elkabron.com

P:+62 85100 803 416

Really lovely place to visit, sit watch the sunset, dine on Spanish tapas and listen to some cruisy tunes. Dad and I hired a driver for the day / night which is best for when visiting here they are best to wait for you.

### ***THE RED CARPET CHAMPAGNE BAR***

Jl. Oberoi Street 42C Seminyak Kuta

Ph: +62 361 737889



www.redcarpetchampagnebar.com

11am-late

Free finger food is offered and the staffs are fabulous. Really great place to sit, relax and listen to some tunes. I highly recommend a visit to here.

### ***COCOON RESTAURANT/ BEACH CLUB***

Jalan Double Six, No: 66, Blue Ocean Boulevard, Seminyak

In Seminyak – Just across from the beach.

www.cocoon-beach.com

- This place is VERY funky and stylish. Mostly white, reminds me of Santorini. I love it, spent 2016 New Years Eve here, met the owner Anthony who went out of his way to look after my dad. Please ask for him if you go. It has fantastic tapas and cocktails. A must to go to! It has open cabanas to lounge on that are the best especially after a few cocktails. Get there 6.00 ish OR EARLIER settle in and watch the sunset.

**However it's also great to go there during the day, lay in the sun and swim..... yes it has a pool! I have been here many times, just to sit around the pool and have a cocktail as you would in your own hotel.**

### ***AZUL BEACH CLUB***

Bali Mandira Resort & Spa

JL Padma 2, Legian

+62 361 765759

### ***CAFE BALI (Restaurant not a Cafe)***

Jalan Oberoi Laksmana, Seminyak

P: +62-361 736 484

This is one of my favourite places for lunch and dinner, really cruisy but always busy, lunch you can walk in however dinner best to book. Meals are super tasty, really nice and cheap.

I'm sure if you get to go here once you will definitely go back a second time.

### ***CAFÉ ORGANIC (Garden Gangstas)***

Jl. Petitenget 99x Seminyak Bali

P: +62 821 464 89669

www.cafeorganicbali.com

info@cafeorganicbali.com

Really beautiful healthy food, nice to go to for breakfast or lunch, open from 7.00am – 4.00pm. Across the road from the W.

### ***THE FAT TURTLE***

Jl. Petitenget 886A Seminyak Bali

P: +62 813 3737 4766

3 words..... Red Velvet Pancakes!! You haven't lived until you try these. Lovely little air-conditioned café. Across the road from Potato Head, not far from Café Organic.

### ***MOZZARELLA***

MOZZARELLA RESTAURANT & BAR.

Jalan Padma no 9, Legian

P: +62 361 755 896

### ***MOZZARELLA BY THE SEA.***

Jalan Padma Utara, Legian Kaja

P: +62 361 751 654

As you can see there is two mentioned here. I have been to Mozzarella Restaurant & Bar. Beautiful service and tasty meals. Place to go to for lunch or dinner, really cheap too. Make friends with the staff and they look after you, will even sit down and have a chat with you (if you want). I know the manager Gede (friends with him on FB also) he always remembers me when I go and be sure to say hello to him.

### ***FINNS BEACH CLUB***

Jalan Pantai Berawa, Canggu

P: +62 361 844 6327

finnsbeachclub.com

This place is amazing, place to go and spend the whole day by the pool. It has open cabanas and sun lounges. Get there 10.30am to get a good spot for the day, however the place is massive. Tapas, Lunch, Dinner or just drinks.

### ***KU DE TA***

Jalan Laksmana 9, Seminyak

P: +62 361 736 969

www.kudeta.com

In Seminyak – On the Beach

- This is right near Bodyworks, so pop in and have a look before or after your treatment. It is a beautiful place and fabulous view, right on the beach. During the day you can pop in and have a relaxing drink and easy snacky food while lying on sun lounges, wear your bathers. You'll see what I mean.
- At night, you should book for dinner. Pricing of meals is expensive for Bali (but not for Aust \$). This is a place that I would dress up for a nice night out, not casual. Groovy place. No WiFi available here.

### ***POTATO HEAD BEACH CLUB***

Jalan Petitenget, Seminyak

P: +62 361 473 7979

www.ptthead.com

E: reservation@ptthead.com

Open: 11.00am – 2.00am

Very similar to Ku De Ta and Cocoon, take your bathers! This place is a very groovy place during the day and night. Lots of people tend to flock here....

### ***LA LUCCIOLA***

Jalan Kayu Aya, Petitenget Beach, Seminyak

P: +62 361 730 838

- This restaurant is beautiful and the food is awesome. Service 5 star and location is amazing. It has been in Bali for many years and never disappoints, always gets better and better. Dress up for a lovely night out.

### ***THE DECK SEAFOOD GRILL***

Jalan Arjuna, Legian,

P: +62 361 731 162

- Fabulous seafood, at more than reasonable prices. Oysters are amazing, freshly shucked to order. If you like seafood I highly recommend going here for dinner.

## ***SARDINE***

Jalan Petitenget 21, Kerobokan

P: +62 361 738 202 (Closed Mondays) – best to book

- Is a casual and stylish seafood restaurant located in Kerobokan. The dining room overlooks rice fields. The menu emphasizes fresh fish and seafood. A relaxed atmosphere. A really beautiful place and food with great service. Nice place to go and dress up for dinner.

## ***METIS***

Jalan Petitenget No.6, Kerobokan

P: + 62 361 737 888

www.metisbali.com

- I have not eaten here (however I definitely will next visit), only had drinks here after I had dinner at Sardine (across the road from one another). This is a very funky and cruisy crowd and has magnificent food (so I have been told). Every Friday 5.30pm – 8.00pm is Aperochic, complimentary canapés, large day beds to relax on while having a cocktail and overlooking rice fields. A relaxed atmosphere.

## ***MACARONI CLUB***

Jalan Legian No. 52 Kuta

P: + 62 361 754 662

- This is right near the Shrine. Every trip to Bali I will always pay a visit to the memorial. Depending on the time of day if hungry this is a good place to stop for lunch. Great food. Awesome green chicken / veg curry. At night it's also good, sometimes band or DJ.

## **FINAL CHECKLIST**

### **1. Documents / Itinerary**

- a. Have a copy of your documents photocopied and kept in your suitcase and the originals in your hand luggage.
- b. Ensure all relevant people have your contact information and Itinerary so we can get you in case of an emergency.
- c. Log your travel details with [smartraveller.gov.au](http://smartraveller.gov.au) in case something happens in the world.

### **2. Medication**

- a. Ensure you have any stuff you need to take and make sure you have enough to get you through the whole time ie: like the pill – you will need two packs... perhaps you should go back to a different doctor and take a MAP with you.
- b. Make sure that all meds are in their original packaging with your name on the box. I got in trouble in USA for not having the packaging.

### **3. Bills / Money**

- a. Pay any outstanding bills and make sure that you have covered these bills whilst you are OS. Don't spend all of your money and make sure that there are funds in your account to cover any necessary bills which may arise.
- b. Transfer money over to relevant accounts that you are going to use whilst over there. Make sure that you have contact numbers for each bank in-case you lose your

card and need urgent replacements. What do you do in this instance? You don't want to spend all day on the phone cancelling cards etc.

- c. Change \$1000 at the bank now and put in safe whilst the dollar is good!
- d. Always pay in local dollars on your credit card when asked, instead of Aussie dollars as it's cheaper !

#### **4. Mobile Phone**

- a. Make sure you cover all charges which are going to be on your mobile. Use Wi-Fi at every chance you get and speak with Telstra regarding a data pack and if you really need it. I think you only need to use Wi-Fi and not bother with a Telstra data pack.. just put international roaming on your phone for emergencies. **DON'T USE YOUR PHONE TO CALL NORMALLY. IT'S TOO EXPENSIVE.** If you have facebook use the free call Facebook Voice app or use whatsapp!
- b. Ring Telstra and ensure they have added international roaming product codes on your mobile phone.
- c. Download Whatsapp for free calls amongst your friends whilst away. It uses the internet at all local restaurants / bars / hotels.

#### **5. Flights**

- a. Neck pillow
- b. Ear Plugs
- c. Eye Masks
- d. Mags
- e. Snacks
- f. Make Up / Wipes / Toothbrush / Tissues etc.
- g. Sunglasses (for when you get out)
- h. Foreign Electrical Adaptor
- i. Water Bottle
- j. Wet towel wipes
- k. Drivers Licence / Passport
- l. Cardigan / top in case cold on plane.
- m. Pain relief / Band-aids etc

#### **6. Download useful Apps**

- a. Banking Apps
- b. Google Maps
- c. Weather Live
- d. Google Translate
- e. XE Currency
- f. Whatsapp

#### **7. I-phone**

- a. Take a spare charger just in case you lose one or leave one behind in the hotel.
- b. Hotels will offer Adaptor converters however they don't have many - but they do sell them on the street very cheap....
- c. Make sure you turn off "automatic upgrade of apps"

#### **8. Toiletries**

- a. Toothbrush & Paste (Although they do have them in certain hotels)
- b. Shampoo & Conditioner (Hotel ones are crap)
- c. Soap Shaver / Razor Face Wash
- d. Deodorant Hairbrush Hair Products Hair Appliances
- e. Make Up Remover and Moisturiser

**\*\*URGENT ASSISTANCE WHILE IN BALI:**

**DR THAT COMES TO YOUR HOTEL – EXCELLENT SERVICE!**

Do not hesitate to use these Dr's, they are amazing!

Cost approx. \$100 - \$150 au

They can also help organise further Hospital care if required – it is great to have someone to translate!

**DR. ADI & ASSOCIATES**  
f DR. ADI & ASSOCIATES  
@dradinassociate  
**OPEN 24 HOUR MEDICAL SERVICES**  
ON CALL SERVICES  
LABORATORIES CHECK  
VACCINATIONS  
WOUND CARE  
INSURANCE

PHONE : +62 361 737669  
ADDRESS : Jl. Nakula 28 seminyak,  
Kuta-Badung, Bali, Indonesia

**BIMC - Hospital**

Bali International Medical Centre is the best option for tourists needing medical assistance of any sort. We insist you take travel insurance prior to travelling to ensure you are covered should anything happen. You will receive top class treatment at this facility & your nanny, hotel / villa can assist you should you need an ambulance.

**BIMC Accident & Emergency +62 361 761263**

***Have a lovely time away and enjoy yourself. The Balinese people are lovely!!***